



INKSPACE TATTOO STUDIO

Aftercare

The Complete Healing Handbook

Everything you need to protect your investment — from the first hour to the final reveal.



30 Days

Full healing
protocol, day by day



3 Phases

Inflammation · Peeling ·
Recovery



1 Goal

A lifetime of
vivid, healthy ink



Your tattoo is a collaboration. We're here to guide you through every step.



WELCOME MESSAGE

Your tattoo is a **controlled** wound

The next 30 days determine how it looks for life. This guide walks you through every phase of healing—what's normal, what to do, and when to reach out.



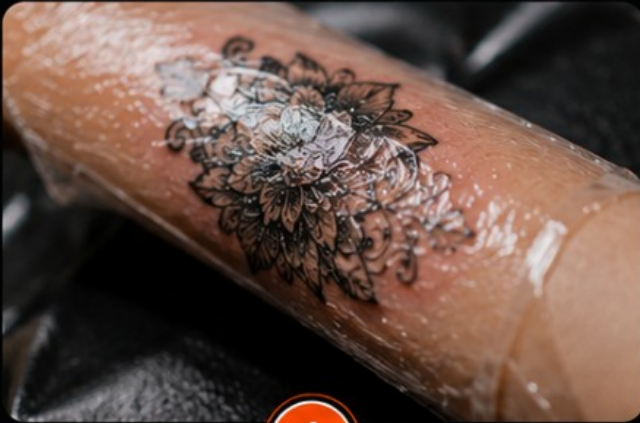
Keep this on your phone.
We're with you every step.



HEALING TIMELINE OVERVIEW

Tattoo Healing Timeline

Three clear phases from fresh tattoo to final healing.



1

Fresh Tattoo

Days 1–7:

Inflammation and protective scabbing.

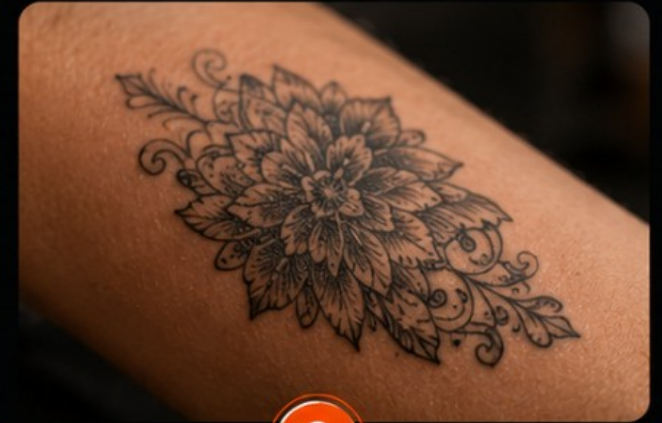


2

Peeling Phase

Days 8–21:

Natural shedding and flaking of skin.



3

Recovery Phase

Days 22–30:

Final healing and skin restoration.



Your tattoo is a collaboration. We're here to guide you through every step.



PHASE 1

Days 1–7 · Fresh Tattoo

The Critical Window

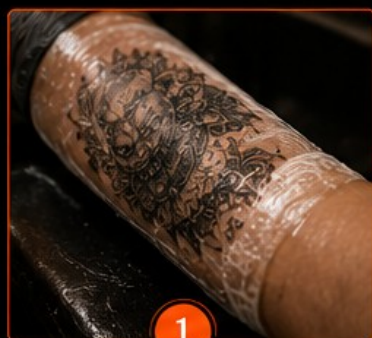
What happens in the first 7 days determines everything.

DO ✓

-  Leave Derm Skin on overnight. Remove next morning.
-  Wash hands first.
-  Wash gently with mild soap & lukewarm water.
-  Pat dry with clean paper towel.
-  Air dry completely.
-  Apply thin layer of Cetaphil or supplied balm.
-  Apply pure coconut oil before every shower.

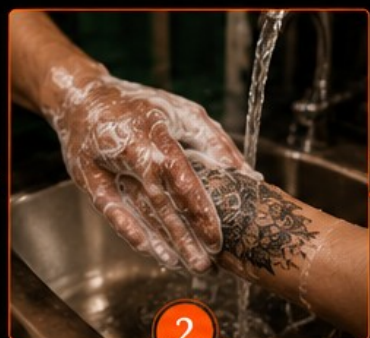
DON'T ✗

-  No sponges/loofahs.
-  Never rub.
-  No over-moisturizing.
-  No swimming/beaches/hot tubs/saunas.
-  Avoid direct sunlight.
-  Avoid tight clothing.
-  Don't scratch or pick.



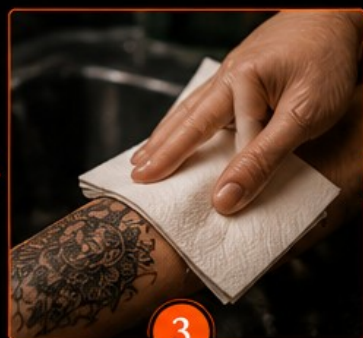
1

Leave Derm Skin Overnight



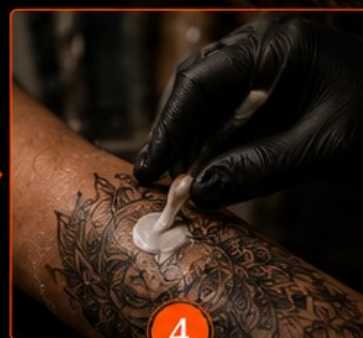
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Wash Gently with Mild Soap



3

Pat Dry with Paper Towel



4

Apply Thin Layer of Moisturizer



PHASE 2

Days 8–21 • Peeling Phase

Let Nature Do Its Work

Peeling is completely normal. Your job is to stay patient.



1

2

3

Healed Surface

Skin looks intact but cloudy

Natural Peeling

Flaking and shedding outer layer

Revealed Tattoo

Peeled skin falls, design settles



As the outer layer sheds, the tattoo may look cloudy or flaky for a short time.

This is expected — let the skin release on its own.

DO

- ✓ Continue washing exactly as before
- ✓ Continue moisturizing exactly as before
- ✓ Continue coconut oil before showers
- ✓ Allow peeling skin to fall naturally

DON'T

- ✗ Don't scratch
- ✗ Don't pick flakes
- ✗ Don't peel skin manually



BE PATIENT

This phase can be itchy.
Patience now =
a beautiful, long-lasting result.



PHASE 3: DAYS 22-30 · RECOVERY PHASE

The Final Stretch

You're almost there. Keep it simple.



DO ✓



Continue light moisturizing until comfortable



Keep protected from prolonged direct sunlight

DON'T ✗



Avoid prolonged direct sunlight



No swimming until completely healed (approximately 4 weeks)



Your skin is rebuilding and strengthening.

Stay consistent for the best long-term results.



You're almost there.

A little more care now = a lifetime of bold, beautiful ink.



Most Things That Look **Alarming** Are Completely Normal

Your body's response to tattooing follows a predictable pattern. Learning what to expect helps you stay calm and avoid interfering with the healing process.



Peeling

Usually begins around Day 8. Let the skin fall naturally.



Itching

Completely normal sign of healing — never scratch.



Dry or Tight Skin

Apply a thin layer of Cetaphil or balm when needed.



Mild Redness

Normal during the first few days after your session.



Plasma or Excess Ink

A small amount is completely normal early on.



Flaking

Normal part of peeling — never pick manually.



Every body heals differently. These signs are temporary and part of the process. When in doubt, reach out — we're always here to help.

PROTECT YOUR HEALING TATTOO



Things to avoid while your tattoo heals. These are the most common sources of irritation, infection, and fading — and the easiest to prevent.



NO SWIMMING POOLS

Bacteria risk.



NO BEACHES

Salt water & sand.



NO HOT TUBS

Bacteria & heat.



NO SAUNAS

Heat & moisture.



NO STEAM ROOMS

Heat & moisture.



NO DIRECT SUNLIGHT

Fades healing ink.



NO TIGHT CLOTHING

Friction & rubbing.



NO SCRATCHING

Infection risk.



NO PICKING

Scarring risk.



NO DIRTY HANDS

Infection risk.



WHY IT MATTERS

Healing skin is vulnerable. Water, heat, friction, and contamination can delay recovery, damage the surface, and reduce the final quality of your tattoo.



BEST RULE

Keep the area clean, cool, dry, and untouched. If you are unsure, wait longer before resuming the activity.



GIVE IT TIME. TREAT IT RIGHT. WEAR IT FOREVER.



YOUR TATTOO HEALING JOURNEY

Healing is a process. Here's what to expect and how to support your skin every step of the way.



WHAT'S HAPPENING DURING HEALING?



DAYS 1-3

Inflammatory Stage
Redness, swelling and tenderness are normal. Your body is starting the repair.



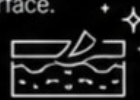
DAYS 4-7

Itching & Peeling Stage
Light scabbing and flaking may happen. Do NOT pick. Let it shed naturally.



WEEK 2-3

Rebuilding Stage
Skin may look dull or patchy. Your tattoo is settling under the surface.



MONTH 1+

Maturation Stage
Skin fully heals. Colors settle, lines sharpen, and your tattoo comes to life.



PRO TIPS



Hydration is key. Moisturize, don't overdo.



Sun is the #1 cause of fading. Use SPF.



Wear loose, breathable clothing.



Avoid heavy workouts that cause excessive sweating.



Be patient. Great tattoos take time to heal.



SIGNS OF NORMAL HEALING

- ✓ Mild redness
- ✓ Itching
- ✓ Peeling / flaking
- ✓ Slight scabbing
- ✓ Dull appearance (temporary)



SIGNS OF INFECTION (CONTACT US)

- ✗ Excessive redness
- ✗ Pus or unusual discharge
- ✗ Severe swelling
- ✗ Fever or chills
- ✗ Warmth around the area
- ✗ Persistent pain



QUESTIONS? WE'RE HERE.

If something doesn't feel right, reach out to us anytime.



USE RECOMMENDED PRODUCTS

Cetaphil Cleanser
Ravyantra Aftercare Balm



TREAT IT RIGHT.
WEAR IT FOREVER.

INKSPACE



GIVE IT TIME. TREAT IT RIGHT. WEAR IT FOREVER.



CONTACT

CONTACT INKSPACE



WE'RE HERE FOR YOU.

Have questions about your healing, need advice, or facing any concerns? Reach out — we're always happy to help.



CALL / WHATSAPP
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inkspacetattoo@gmail.com



INSTAGRAM
@inkspace.tattoo.studio



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New Delhi - 110016



STUDIO HOURS
Monday to Sunday
12:00 PM – 9:00 PM



**INK
SPACE**
TATTOO STUDIO



HOW TO FIND US

- Enter Hauz Khas Village from Main Market
- Walk towards Space Gully
- We are right there in the lane



REAL ART. REAL PEOPLE. REAL CARE.



MEET THE ARTISTS

THE EXPERTS BEHIND YOUR INK



Your tattoo is in experienced hands. Our artists bring years of skill, precision, and passion to every piece we create. We're here for you — **before, during, and long after** your tattoo.



EXPERIENCED PROFESSIONALS

Years of tattooing experience across unique styles.



HYGIENE & SAFETY FIRST

Highest standards of cleanliness and safety always.



PERSONALISED APPROACH

Every tattoo is a collaboration tailored to you.



AFTERCARE SUPPORT

We guide you through the healing journey at every step.

OUR ARTISTS



RESIDENT ARTIST • 20+ YRS

CHETAN SALHOTRA

Realism

Specialist in black & grey realism with a focus on fine details and lifelike depth.

BOOK CONSULTATION →



RESIDENT ARTIST • 8+ YRS

BRUNA FREESPIRIT

Fine Line

Specialist in fine line tattoos with delicate precision and elegant compositions.

BOOK CONSULTATION →



WANT TO DISCUSS YOUR IDEA?

Book a consultation with your preferred artist.
We're excited to bring your vision to life.



Share your idea



Get expert advice



Let's create something epic



REAL ART. REAL PEOPLE. REAL CARE.



**INK
SPACE**
TATTOO STUDIO

THANK YOU FOR TRUSTING INKSPACE



Healing is part of the art.
Treat it right, and your tattoo
will stay **bold for a lifetime.**

We appreciate you.



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REAL ART. REAL PEOPLE. REAL CARE.

